

The Workbook



THINK
and
GROW

LESSON NINE

**Reading Recommendations: Gaining Power Through The Mastermind pages
245-253**

When a person surrounds themselves with the advice and personal cooperation of others, they are uplifted with greater knowledge, support, and energy. List individuals you know who you could approach for such support. If you do not know any, list the qualities you'd be looking for in such people.

What steps will you take to approach and/or find people to support you in reaching your Definite Major Purpose?

THOUGHTS TO LIVE BY

Think and Grow Rich teaches you that your thoughts and your habits control your environment. Your environment doesn't control you.

Napoleon Hill says that "Our brains become magnetized with the dominating thoughts that we hold in our minds, and by means through which no one is familiar, these magnets attract to us the forces, the people, and the circumstances which harmonize with our dominating thoughts...and luckily, we have power to control our thoughts."

He also states that Nature has built human beings so that through our five senses, we have control over our thoughts.

Either you take possession of your mind and direct it toward the attainment of your goal, or your mind will take possession of you and give you whatever circumstances life hands out to you. You will either be the victim of circumstances, or the victor.

REMEMBER:

You do not need a special environment or circumstances to help you achieve our goals... you can create these yourself by taking possession of your mind.

If you learn to control what goes into your subconscious mind, it will draw to you the circumstances, situations, and people you need to create an environment conducive to achieving your Definite Major Purpose.

You may be the victim of negative circumstances, and as such, you experience limitation and lack, and believe that life is a struggle. Rest assured, you can still do great things once you learn to control your mind.

Human beings are the only creature with the power of breaking old habits and creating new habits. We are not chained by instinct.

By following the principles outlined in this course, you will gain control over your environment, and change your red filter to a green filter.
